



## President's Column

Once again, the City of San Antonio erupts in Spurs Frenzy. Whether you are a fair weather fan or a year round fanatic, soon you will see cars with flags, yard signs, and corporate commercials with the familiar chant "Go Spurs Go!"

As the only major sports team in the seventh largest city, and the sports franchise with the highest winning percentage in the last two decades, the Spurs will make a fifth attempt to win it all.

A stable ownership group, outstanding coaching, and consistent superstars

have contributed to this success. During the next month, names that you will frequently hear in restaurants, on TV and in the break room include Tim, Tony, Danny, Tiago, Kawhi, Manu, Pop and the rest of the Spurs. This diverse group of outstanding players from around the world with international flair is a testament to the organization's ability to find talent from as far away as France, Brazil, Argentina, Australia, and the Virgin Islands. Our Spurs are followed by locals as well as citizens from around the world and reflect the diversity, charm, and character of our city.



Suzanne Dapra Oliva

Hopefully soon, the AT&T Center will display another (con'd on last page)

### **June 2013 BCWB Luncheon: Justice Phylis J. Speedlin's "Practical Tips to Improve your Chances on Appeal"**

By Lindsay Riley

Please join us on Tuesday, June 4, at Club Giraud as we welcome Justice Phylis J. Speedlin. Justice Speedlin will share 25 lessons learned during her 10 years of experience as a Justice on the Fourth Court of Appeals, as well as insights gained from a Statewide Appellate Judicial Survey. Topics will range from what appellate justices find per-

suasive to what common practices frustrate them. CLE credit is approved.

**When:** Tuesday, June 4, 2013

**Time:** Noon to 1:00 p.m.

**Where:** Club Giraud

**Cost:** \$25 (\$15 for students), payable at the door or online by clicking here.

RSVP by Friday, May 31, 2013 to [Events@bexarcountywomensbar.org](mailto:Events@bexarcountywomensbar.org).

For more information, contact Lindsay Riley ([Lindsay.Riley@txcourts.gov](mailto:Lindsay.Riley@txcourts.gov)) or Lauren Horne ([lhorne@br-lawfirm.com](mailto:lhorne@br-lawfirm.com)). We hope to see you there!

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Hella Scheuerman



Leslie Hyman

## Autumn Affair

By Hella Scheuerman & Leslie Hyman

You are invited to join us at the next Autumn Affair meeting, on June 20, 2013, from 12:00 pm to 1:00 pm, at the law office of Pulman, Capucio, Pullen, Benson & Jones,

LLP, located at 2161 N.W. Military Highway, Suite 400, San Antonio, TX 78213. Several committees have already started planning for the Autumn Affair, including, silent auction, raffle, sponsorship, decorations, fashion show, and much more. We are looking

for committee members interested in helping to plan this fabulous event, which will take place on October 10, 2013! If you are interested in serving on a committee, please join us at the June meeting. See you then!

## BCWBA Lites

**Julie Cuplin** opened the Cuplin Law Firm in New Braunfels, Texas. Her practice focuses primarily on adoption law. She can be contacted at [jcuplin@cuplinlawfirm.com](mailto:jcuplin@cuplinlawfirm.com). Julie's website is [www.cuplinlawfirm.com](http://www.cuplinlawfirm.com).

**Tiffanie Clausewitz**, BCWB President-Elect, has been appointed to the State Bar of Texas standing committee on Women in the Profession. Her term begins in June 2013 and runs until June 2016.

**Monica Ramirez Trollinger**, Associate General Counsel at Southwest Research Institute, was inducted into Texas A&M University - San Antonio Delta Beta Chapter of the Delta Mu Delta International Honor Society of Business Administration. Monica will receive her MBA this August.

**Lauren Ferrero**, 2012 graduate of St. Mary's School of Law, was hired by Fulbright & Jaworski as Junior of Counsel.

**Lindsey Riley**, briefing attorney to Justice Alvarez and the Honorable Rebecca Simmons, was hired by Cox Smith to work in its energy-litigation department.

**Alicia Wagner Calzada**, an Associate at Haynes and Boone, LLP, welcomed Adan Guillermo Wagner Calzada on April 10, 2013.

**Kathryn Stephens**, formerly with Clemens & Spencer, is the new original proceedings attorney for the Fourth District Court of Appeals.

**Christine E. Reinhard**, a partner with Schmoyer Reinhard LLP, has been selected as a fellow of the Texas Bar Foundation.

**Schmoyer Reinhard, LLP**, is pleased to announce the firm has been named to the Client Recommendations Honor Roll included in the BTI Consulting Group's just-released report The BTI Brand Elite: Client Perceptions of the Best-Branded Law Firms 2013. BTI Consulting Group drew on 13 years of data to develop the framework for measuring and analyzing the market presence and brand imprint of law firms. BTI's analysis measured top-of-mind recognition of nearly 400 law firms based on unbiased, direct feedback from more than 500 individual interviews with in-house counsel at the world's largest organizations. During the course of one-on-one in-depth interviews conducted between January 2011 and September 2012, BTI probed corporate counsel as to which law firms they associate with the nine distinct characteristics driving the selection, consideration, and hire of new law firms.



In May, BCWBA President Suzanne Oliva (right) presented Sister Grace Walle (left) with \$1,000 to establish the St. Mary's University School of Law Single Parent Scholarship.

## Wellness Column



Connie Arambula

By Connie Arambula

Please join the Bexar County Women's Bar Association at the first run of the GUSTO series! The GUSTO series is a marathon training program but each run is open to all runners. Choose between the 5k or 10k on Sunday, June 23, 2013 at 8:00 a.m. at Schnabel Park. The run benefits the Children's Hospital of San Antonio.

**Registration:** Please join the BCWBA at this event by registering individually at [www.carrerathon.com](http://www.carrerathon.com). The early bird rate is \$25 through May 1, 2013. It then increases to \$35. Walk-ins on race day can still join fun for \$40. Please let Connie Arambula know that you have registered at [carambula@lyndworld.com](mailto:carambula@lyndworld.com).

**Packet Pick-up:** Dick's Sporting Goods, The Rim, June 21, 2013 from 3-6 p.m.

**Event day:** The Start/Finish is at Schnabel Park. Look for Connie Arambula at @ 7:30 a.m. near the registration booth. She will be wearing a

black BCWBA t-shirt.

**Following the Event:** Food, fruit, and beer will be available at the event after the run.

**Attire:** Wear your BCWBA t-shirt and/or comfortable running attire.

Please contact Connie Arambula for further details at [carambula@lyndworld.com](mailto:carambula@lyndworld.com) or (210) 379-1025.

### Top 10 Reasons You Are NOT Losing Weight

1. You are skipping meals, especially breakfast.
2. You are eating two large meals a day, even if healthy, and not eating 5 small meals a day.
3. You are eating too many carbohydrates because you try to eat too low fat.
4. You are eating too much fat because you are trying to eat too low carb.
5. You are over doing the cardio and causing a spike in cortisol causing you to burn muscle and store fat.

6. You are not sleeping 7 to 8 hours.

7. You are sleeping with your TV or lights on and disrupting your body's melatonin supply.

8. You are dependent on more than 2 caffeinated beverages a day.

9. You are not drinking enough water each day.

10. You are dealing with an intensely stressful work or life situation.

Its important to note:

- Extreme low fat or low carb diets do not work, and that a balance between protein, carbs, and fat is essential.
- Focusing on protein based meals is important.
- Resistance training and interval training are essential to stimulating gaining muscle mass and human growth hormone.
- Proper sleep is imperative to lower stress hormones and control blood sugar and insulin.

### Next Around Town Luncheon

Wednesday, June 19, 2013

Demo's Greek Food

2501 N. St. Mary's Street

Hosted by Lisa Alcantar

If you haven't been to Demo's before, the food is great and the company will be even better!

The May Around Town luncheon was held at Rossini. Everyone enjoyed the fresh bread and delicious Italian food!



BCWBA members volunteers at the Community Justice Program

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shiny trophy that represents talent and the commitment to be the best!

The Bexar County Women's Bar Association and Foundation also had a couple of exciting events occur in May. At the well-attended SABA/SABF Law Day lunch, the Bexar County Women's Bar Foundation presented Sister Grace Walle with \$1000 to establish

the St. Mary's University School of Law Single Parent Scholarship. Also, the Community Justice Program had the Bexar County Women's Bar Day at the Texas Rio Grande Legal Aid clinic. Thanks to members who volunteered to "just take one" case.

We also have some fun events planned for the near future. In

June, the informal "Around Town Lunch" will be hosted by Lisa Alcantar. Also, Judge Renee McElhane and Maurleen Cobb are busy organizing the August 1 retreat that will be both informative and relaxing. And, Hella Scheurman and Leslie Hyman have already had the first planning meeting for the October 10 Autumn Affair that is

sure to be a fabulous time as well. If you would like to volunteer to help, solicit auction items, or sponsor, please contact a committee chair.

Look for e-mails with more details of these events. And, as always, invite a friend to join the BCWBA!

## Job Opportunities

**Partner Wanted.** Dallas based firm seeks to expand and go Nationwide. Firm recently opened a boutique firm in San Antonio handling from commercial litigation, corporate, employment, and corporate law. Firm seeks to add senior attorney laterals or partners to this location. Very established firm out of Dallas with exceptional opportunity for growth. Seeking laterals and partners with a portable book of business in any of these areas. If you are tired of the big firm environment and want to grow your practice and drive your practice the way you want to this year, think about this opportunity. Please send your CV and or profile to [rani.spaulding@specialcounsel.com](mailto:rani.spaulding@specialcounsel.com) in MS Word format.

**Partner- Transactional.** Texas Based firm with locations in San Antonio and Austin just celebrated their 50 years of service. Firm seeks to add to its established staff in the San Antonio office. Seeking an experienced partner with a portable book of business in the corporate area. This firm is stable and understands "work/life balance." The firms prides itself on providing its attorneys with this lifestyle and career. If you are ready for a new challenge and a great place to leverage and grow your existing practice this is the firm for you! Please send your CV and or profile to [rani.spaulding@specialcounsel.com](mailto:rani.spaulding@specialcounsel.com) in MS Word format.

**Paralegal/ Legal Secretary.** Small Boutique firm seeks a paralegal to support one partner with solid civil litigation experience. Must know how to calendar and meet litigation deadlines. Will be drafting pleadings and answering discovery, along with proofing and editing. Dictation is a plus, as is having worked with Timeslips and Abacus. Busy desk for someone who can handle the cases and think ahead of the attorney. Temp to Hire, possible Direct Hire and salary is \$40-45k DOE. Please present your resume in MS Word format to [rani.spaulding@specialcounsel.com](mailto:rani.spaulding@specialcounsel.com).

**Bilingual Litigation Paralegal & Case Manager.** Seeking a solid Bilingual Litigation Paralegal and Case Manager. Must have experience with personal injury and pre-litigation as well as some post-litigation duties. Will be responsible for all client intake, medical records and file management. Trial experience is a plus. Will support one partner and one other attorney at times. Must be able to meet all deadlines and manage deadlines as well as being extremely organized. Temp to hire and/or direct hire opportunity. Firm is located downtown and pay is hourly \$15-\$16.00 an hour, DOE. If you meet these qualifications, send your resume in MS Word format to [rani.spaulding@specialcounsel.com](mailto:rani.spaulding@specialcounsel.com).

**Credentialing Specialist ASAP!** Large corporation seeks a Credentialing Specialist for a contract assignment that could lead to permanent position. Must have experience in performing primary source verifications in a Health Plan setting. Prefer 2 plus years experience in Managed Care Credentialing. Skills required: MS Office, Excel, Access & mathematical skills. Our client seeks to fill this position as soon as possible. \$16-18/hr, DOE If you meet these qualifications please send your resume in MS Word to [rani.spaulding@specialcounsel.com](mailto:rani.spaulding@specialcounsel.com).